



**Wednesday**  
**December 18, 2024**

# Heritage Woods Secondary

“WE ARE KODIAKS”



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25

# **FLEX**pectations

**FLEX is instructional time, not a break!**



- **Go to one of your four classes**
- **No cell phone use**
- **Only Grade 12S in the Grand Hall**
- **Library is for quiet work only**
- **Where you start is where you finish,  
no moving from class to class**

No homework?  
Read, Study, Review

On the last week of school, Student Council presents

# Spirit Week!

**Important! Candy Canes will be handed out all week if you are dressed in spirit.**



**Monday**



**Holiday hat/headgear day!** Wear festive hats (Could include Santa hats, reindeer antlers, Etc.

**Tuesday**

**Holiday inspired duos day!** Partner with one of your friends and assemble the ultimate festive duo costume.

**Wednesday**

**Winter Wonderland themed.** Dress in white and blue colours! Channel your inner Elsa from Frozen!



**Thursday**

**Pajama Day!** Wear your comfiest pair of pajamas. **On this day, we will also be handing out hot chocolate to those dressed in theme!** come prepared!



**Friday**

**Festive Friday!** Go all out on this day, from ugly sweaters to even just festive holiday colours. Let your creativity flow.



**THERE WILL ALSO BE A PHOTO BOOTH IN THE GRAND HALL!**



# Heritage Woods Holiday Tree Decorating Contest

Please vote for the department you feel decorated their holiday tree best



<https://forms.office.com/Pages/ResponsePage.aspx?id=74xI2ZICUkKZJWRC3iSkS6BOWedlykJMmlhOMi99lr5UMIBEV0I2WkwxMk5XUzlaSU1FNVPDR1JKUC4u>

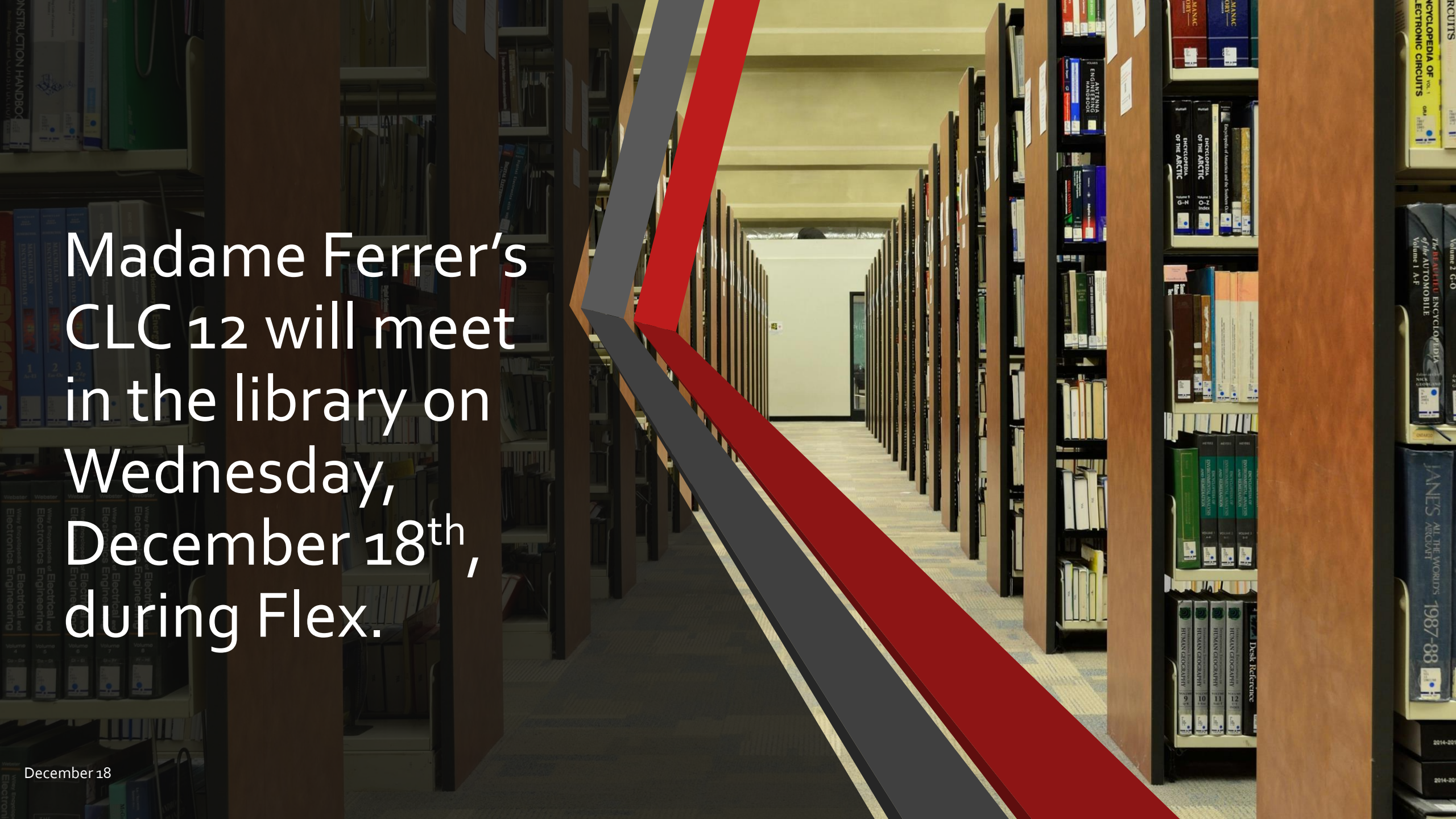


# HWSS Holiday Variety Show!

Share the holiday spirit with performance, games, and more

**December 19th @ 12:15**  
**Theatre**





Madame Ferrer's  
CLC 12 will meet  
in the library on  
Wednesday,  
December 18<sup>th</sup>,  
during Flex.

December 18



# *Inclusion Support Team Winter Market*

**Last minute Christmas shopping? Come to room 134!**

- BRACELETS
- KEYCHAINS
- DOG TREATS
- CARDS
- PENS
- WOODEN CHRISTMAS SIGNS

**We will also have a table December 17 & 18 at lunch. Card and Cash accepted.**

**All Proceeds go to B.C. Children's Hospital.**







# PLEASE HELP FIND

Attention all students - We need your help. We have a Grade 12 student who lost a very important gold bracelet Tuesday morning. This belonged to Grandma and has great sentimental value.

Please see Ms. Woods if you have any information.

# STUDENT ART COUNCIL



A Collaboration between the city of  
Coquitlam and SD43

## Why Join?

- Help create a mural for the city of Coquitlam
- Gain volunteer hours and experience
- Represent your school
- Interact with local professionals and fellow art enthusiasts



Scan Now and join!



## Winter Recreation for Youth

Programs begin the week of January 13

Badminton	Parkour	For youth in grades 6-12
Pickleball	Pomo Chefs	
Standard First Aid & CPR-C/AED	Volleyball	
	Yoga	

**Full-Day Camps** - Holiday Camp  
- Epic Youth Spring Break Camp

Visit [portmoody.ca/signmeup](https://portmoody.ca/signmeup) to register.



For youth  
ages 11-15  
years



## Holiday Camp for Youth



Monday, Tuesday and Friday, Dec 23-27

Mon, Tues, Thurs and Fri, Dec 30-Jan 3

9am-3pm Recreation Complex

Activities may include:

Bowling	Extreme Air Park	Laser Tag
Ice Skating	Sports	Swimming

Visit [portmoody.ca/signmeup](https://portmoody.ca/signmeup) to register NOW!

# YOUTH LOUNGE & DROP-IN GYM SCHEDULE

A DROP-IN SPACE FOR  
GRADES 6-12

RECREATION COMPLEX



SOCIAL  
SPACE



WII AND  
XBOX ONE



POOL  
TABLE



GAMES AND  
EVENTS

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5-8pm Drop-in Youth Lounge (Free)	5-8pm Drop-in Youth Lounge (Free)	5-8pm Drop-in Youth Lounge (Free)	6-10pm Drop-in Youth Lounge (Free)	5-9pm Drop-in Youth Lounge (Free)
	6-7:45pm Drop-in Gym (\$2.25)	6-7:45pm Drop-in Gym (\$2.25)	6-10pm Drop-in Gym (\$2.25)	5-9pm Drop-in Gym (\$2.25)
			6-9pm Drop-in Breakdancing 16+ Aerobics Studio (\$2.25)	

@pomoyouth  
portmoody.ca/youth

PORT MOODY  
CITY OF THE ARTS

# CLUBS





# PAWSCRUNCH CLOTHING DONATIONS

UPCYCLING FOR SUSTAINABLE STYLES & A BRIGHTER TOMORROW 🌱

We need **YOUR** help!



**Any garment!**

**Nov 29th– Dec 18th**

**Drop off in room 301**

**We sell scrunchies & pet bandanas...!**

**We are a business:**

- Built on sustainability
- Donates to charity
- Recycles your donations



**Want to know more?**  
**Scan the QR code**

Marketing 11 Ecommerce 12

# Christmas Sale

# 2024



# ***BLACKCAT BRACELETS***

*Find us Dec 17th-18th, lunch in the grand hall*



## ***5\$ Bracelets:***

Wire, bead and glass

Many colors and styles

Quality accessories - years of experience

## ***\$10 Necklaces:***

\$25 for 3

Quality materials

Many styles

***Lucky Draw at \$5 spent***

***Cat stickers for only \$1!***

***Donating 10% of profit to  
Bikes without Borders***



[illegible]

A collection of pink baby accessories. At the top left is a large pink velvet headband with a bow. Below it are two small pink ribbed hats. To the right is a white smartphone with a pink bubblegum case featuring a grid of bubble patterns. At the bottom left is a pink bubblegum keychain with three bubbles and a silver carabiner. A white starburst graphic is at the bottom right. The background is a solid light pink.



# JACKPOT

**LIMITED EDITION STREETWEAR BRAND  
DEC 17-18**


**GRAND HALL AT LUNCH  
COME BEFORE IT'S TOO LATE!**

**GET A CHANCE TO WIN A VASHTI ROSE ICECREAM SCOOP  
BY WEARING JACKPOT AND TAGGING @I\_AM\_JACKPOT ON  
INSTAGRAM**





# Pet Gift Bags

 @k9krates

Tasty Sweet Treats for your Pet

Eco-Friendly Toys

Date: December **17th-18th**

When: Lunchtime

Where: Grand Hall



TREATS AND TOYS  
STRAIGHT TO YOUR DOOR

# KRATES

10% of  
profits go to

BCSPCA **CHAMPIONS  
FOR ANIMALS**



# Ice Baskets

COME VISIT OUR BOOTH ON  
DECEMBER 17-18 @ LUNCH

FIND AFFORDABLE, TRENDY GIFT BASKETS FOR LOVED ONES

20% OF PROFITS GO TO THE TRI-CITIES  
TRANSITIONS SOCIETY



**Gift a Basket, Spread a Smile, Lift a Soul**

1 in 6 chance of winning a coupon to Faded Men's Club or Dairy Queen

FOLLOW OUR INSTA:  
[@ICEBASKETS.HWSS](https://www.instagram.com/icebaskets.hwss)



\*WE TAKE CREDIT, CASH  
AND ETRANSFER (12.99)\*

December 18



# GREENGUARD UMBRELLA COVERS



**CHRISTMAS  
SALE!!!**

**SELLING ON  
DECEMBER  
17<sup>TH</sup>, 18<sup>TH</sup> IN  
THE GRAND  
HALL AT  
LUNCH**



**KEEP THE  
WATER IN AND  
OUT OF MIND**



**SPONSORED BY:**

**10% OF PROCEEDS GO TO:**  
 **The People's Pantry**  
FOOD RECOVERY SOCIETY

**BROWNS**  
**SOCIALHOUSE**  
restaurant . bar . socialize





# HydroFusion

*dip into the future with HydroFusion*



**BUILD**  
**a BIZ KIDS**  
.com

**ONLY \$10-\$15  
DOLLARS**

**@HERITAGE WOODS SECONDARY SCHOOL GRAND HALL AT LUNCH  
FROM DECEMBER 17-18**





# Rooted Rings

EXPRESS YOUR  
INDIVIDUALITY!

BUY A RING!

SAVE THE  
PLANET!



Feel good about shopping with us  
knowing we support reforestation in  
partnership with One Tree Planted



\$5.00



**Meiga 美萬家**  
Supermarket

Sponsored by FreshSlice and  
Meiga

10% Profits toward One Tree Planted

**GRAND HALL DURING LUNCH  
DECEMBER 17, 18**

December 18

RootedRings.ca

1245rootedrings@gmail.com

TIME OF SALE: DECEMBER 17-18/12:15PM

ECOFLAME:  
ORGANIC SOY WAX

10% PROFIT  
GOES TO



Environmental  
Youth Alliance

SPONSORED  
BY



# CANDLES

ON SALE IN THE  
GRAND HALL  
DECEMBER 17-18TH



SCENTED WITH ESSENTIAL OILS  
AND NATURAL INGREDIENTS





1 Purchase = 1  
Raffle Ticket!



 Grand Hall, December  
17th-18th @ Lunch

 @thekeychain\_co

BC   
Children's  
Hospital™

**BSP**  
BICYCLE SPORTS PACIFIC



*Photo Club*

# *Christmas Photo Booth*

**2\$ for Instax square/ free for digital**

**(No refunds and guarantee for scrapped or blurred films)**

**Thursday, December 19, block 2-5(include flex, lunch,  
after school) at the GRAND HALL**



December 19



# Lend a Helping Hand Join Coquitlam's Snow Angels



- This winter, help your community by volunteering to clear City sidewalks for neighbours who may need assistance.
- As a Snow Angel, you'll be matched with nearby neighbours to help clear City sidewalks within 10 hours of a snowfall. Volunteers must be 16 or older or have adult supervision. To get you started, the City provides all the cozy winter gear you need, including: shovel, toque, scarf, ice cleats, mitts.
- **Why Volunteer?**
  - Keep your neighbourhood safe.
  - Fulfill community service hours for graduation.
  - Build family memories while helping together.
  - Meet new people in your community.
  - For more information or to sign up as a volunteer, visit <https://www.coquitlam.ca/363/Snow-Angels>
- **Qualifications**
  - 16 years of age or older
  - Coquitlam resident
  - In adequate physical shape and capable of clearing snow
  - Commitment: 1 to 2 homes per individual each session; the volunteer term will run all of the 2024 to 2025 winter season, with requests being weather dependent



# KODIAK ATHLETICS

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# Congratulations to the HWSS Senior Wrestling Team members that attended the Gina Carpenter Elite Wrestling Tournament!

- Jasper J., Bronze
- Yashar J., 4th
- Max O., Top 8
- Jayden B., Top 8

December 20

